



Fall Protection Awareness Training – 1 Day

This course will provide participants with information on the requirement for and types of fall protection systems available. Participants will also be instructed on when to use fall protection, how to use it and the hazards associated with a fall. We will review connection to anchor points, the physics involved, as well the responsibilities of the employer, supervisor and worker.

- Provide participants a general understanding of the safe and efficient use and care of fall arrest system.
- Meet your obligations under the Occupational Health and Safety Act & Regulations.
- Give each participant an opportunity to practice inspecting, fitting, adjusting and connecting a personal Fall Protection system.

Course Outline

Regulatory Requirements

Fall Hazards

Types of Fall Protection

- ***Guard Rails***
- ***Safety Nets***
- ***Travel Restraint Systems***
- ***Fall Arrest Systems***
 - ***Harnesses***
 - ***Lanyards***
 - ***Lifelines***

Fall Protection and Rescue Planning

Equipment Care and Inspection

Proper Donning of a Full Body Harness

Participants are requested to bring a CSA Approved Full Body Harness and lanyard.

Quiz

Upon completion of course each attendee will receive a certificate of completion

For further information, please feel free to contact us (902) 835-3727 or visit our web site. www.toalltech.com